



ONE NIGHT IN ONE NIGHT OUT

AN INTRODUCTORY EXPEDITION EXPERIENCE FOR SCHOOL GROUPS

The One Night in One Night Out program is a carefully designed introductory camping experience that combines the challenge of an overnight hiking expedition with the comfort and structure of an established camp environment. It is ideal for school groups new to expedition style programs, providing students with a rewarding outdoor experience while maintaining strong support and supervision.

The program features a one night guided hiking expedition led by the expedition experts from the Outdoor Education Group (OEG). Students walk with their packs and camp overnight, gaining hands on experience in basic expedition skills such as pack management, group travel, campsite setup, and environmental awareness. This encourages resilience, teamwork, and confidence in a safe and supportive setting.

On the other night, the group stays at Jarrahfall Bush Camp. While staying at Jarrahfall Bush Camp, the Dare Adventures camp experts take over and lead students in a range of structured camp activities designed to build collaboration, problem solving skills, and positive group dynamics.

The balanced structure of the One Night in One Night Out program ensures students are challenged without being overwhelmed, making it particularly suitable for students undertaking their first overnight expedition and classes preparing for longer or more remote expeditions.

SUITABLE FOR STUDENTS IN YEAR 7 AND UP

The program is delivered by experienced staff from OEG and Dare Adventures with a strong focus on safety, supervision, and positive student engagement. This program provides a memorable and achievable introduction to expedition camping.

